



# LEARN MORE:

## ARE YOU GETTING ENOUGH?



@Dvitaman



areyougettingenough.info



CANADIAN CITIZENS CARE ALLIANCE  
CCCAAlliance.ca



# JOIN US

*A symposium for the top experts in Vitamin D*

Join world-leading experts in a 1-day symposium on Vitamin D! Our goal is to gain the most current information from researchers and practitioners from around the world on the role of Vitamin D in health and well-being.

Learning objectives for the symposium:

- To increase knowledge of Vitamin D in health and wellbeing
- To understand the importance of Vitamin D testing using various analytical methods
- To appreciate the clinical applications of Vitamin D
- To understand the populations at special risk of Vitamin D deficiency
- To gain knowledge of the interdependence of Vitamin D with other nutrients
- To understand Vitamin D sufficiency and its non-calcemic roles in regulating immune function

**Nov 2, 2024**

*Chatham-Kent, ONTARIO  
Deer Run Conference Centre*

EMPOWERING HEALTH WITH

# VITAMIN D SYMPOSIUM

*ARE YOU GETTING ENOUGH?*



# TICKETS

eventbrite.com



**Nov 2, 2024**

*Chatham-Kent, ON*

# SYMPOSIUM SPEAKERS



## Dr. Linda Rapson

Assistant Professor, DFCM, University of Toronto Affiliate Scientist of Toronto Rehabilitation Institute, Medical Director of Rapson Pain and Acupuncture Clinic  
*"Vitamin D and Other Nutrients in Pain Management"*



## Dr. Phil Britz-McKibbin

Professor of Chemistry and Chemical Biology, McMaster University  
*"Rapid Normalization of Vitamin D3 Deficiency in Critically Ill Children: Insights into Precision Nutrition"*



## Dr. Gerry Schwalfenberg

MD in family medicine and Assistant Professor in Family Medicine, U of Alberta, Published extensively on the topic of Vitamin D

*"Vitamin D through the Life Cycle"*



## Dr Aileen Burford-Mason

Biochemist, immunologist and cell biologist, widely recognized expert in the field of vitamins and their appropriate use in health maintenance

*"Diet and Nutritional Supplements for MD's and other practitioners"*



## Dr Byram Bridle

Associate Professor of Viral Immunology and Cancer Biology in Pathobiology, University of Guelph

*"The Immune System and Vitamin D"*



## Dr Armen Charchoglyan

PhD Biotechnology, Molecular and Cellular Biology, University of Guelph

*"Measuring Vitamin D using Mass Spectrophotometry, ELISA and Lateral Flow Assay: Which Test to Use and When"*



## Dr James Lunney

24 years chiropractic practice. Interest in functional medicine, orthomolecular approaches, naturopathic and energy therapeutics. Former MP, sat on Health Committee 6 years

*"Regulation in the Public Interest"*

# ABOUT OUR INITIATIVE

**Help make all Canadians Vitamin D sufficient!**

We envision 'Are you getting enough?' as a nationwide movement that will inspire Canadians to become informed about the importance of Vitamin D and to take action, both personally and in their communities, to make all citizens Vitamin D sufficient.

Our symposium brings together some of the most important voices from around the world in Vitamin D research who seek to understand its role in health and well-being.

