



LEARN MORE:

ARE YOU GETTING ENOUGH?



@Dvitaman



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CANADIAN CITIZENS CARE ALLIANCE
CCCAlliance.ca



JOIN US

A symposium for the top experts in Vitamin D

Join world-leading experts in a 1-day symposium on Vitamin D! Our goal is to gain the most current information from researchers and practitioners from around the world on the role of Vitamin D in health and well-being.

Learning objectives for the symposium:

- To increase knowledge of Vitamin D in health and wellbeing
- To understand the importance of Vitamin D testing using various analytical methods
- To appreciate the clinical applications of Vitamin D
- To understand the populations at special risk of Vitamin D deficiency
- To gain knowledge of the interdependence of vitamin D with other nutrients
- To understand Vitamin D sufficiency and its non-calcemic roles in regulating immune function



TICKETS
eventbrite.com



Nov 1, 2024

*Montecassino Event Centre, Toronto
(online attendance options available)*

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EMPOWERING HEALTH WITH

VITAMIN D SYMPOSIUM

ARE YOU GETTING ENOUGH?



SYMPOSIUM SPEAKERS



Dr Reinhold Vieth

Professor Emeritus Faculty of
Medicine, University of Toronto
Keynote address on Vitamin D



Dr Phil Britz- McKibbin

Professor of Chemistry and Chemical
Biology, McMaster University
*"Rapid Normalization of Vitamin D3
Deficiency in Critically Ill Children:
Insights into Precision Nutrition"*



Dr Gerry Schwalfenberg

MD in Family Medicine, Assistant Professor
in Family Medicine, U of Alberta, Published
extensively on the topic of Vitamin D
"Vitamin D through the Life Cycle"



Dr Niel Karrow

Professor of Immunology and
Immunotoxicology in Animal BioScience,
University of Guelph
*"Genetic and Epigenetic Variants that
Predetermine Individual Vitamin D
Status"*



Dr Byram Bridle

Associate Professor of Viral Immunology
and Cancer Biology in Pathobiology,
University of Guelph
"The Immune System and Vitamin D"



Dr Linda Rapson

Assistant Professor, DFCM, University of
Toronto Affiliate Scientist of Toronto
Rehabilitation Institute, Medical Director
of Rapson Pain and Acupuncture Clinic
*"Vitamin D and Other Nutrients in Pain
Management"*



Dr Aileen Burford- Mason

Biochemist, immunologist and cell
biologist, widely recognized expert in the
field of vitamins and their appropriate use
in health maintenance
*"Diet and Nutritional Supplements for
MD's and Other practitioners"*

ABOUT OUR INITIATIVE

Help make all Canadians Vitamin D sufficient!

We envision 'Are you getting enough?'
as a nationwide movement that will
inspire Canadians to become informed
about the importance of Vitamin D and
to take action, both personally and in
their communities, to make all citizens
Vitamin D sufficient.

Our symposium brings together some
of the most important voices from
around the world in Vitamin D
research who seek to understand its
role in health and well-being.

