

Petition to the Government of Canada

WHEREAS:

- Studies around the world have determined that Severe Infections, Hospitalizations and Pandemic Deaths were directly (inversely) related to the serum levels of Vitamin D, “the Sunshine Vitamin.”
- Multiple studies have shown most Canadians have insufficient blood levels of Vitamin D to ensure optimal health, levels plummet during long winter months.
- Most severely impacted include: the elderly, “shut ins”, those with darker skin pigmentation, including new immigrants and Indigenous citizens.
- Beyond bone health and support of immunity against viral and bacterial infections, D is important to treat many diseases including: cancers, cardiovascular disease, diabetes, asthma, multiple sclerosis, dementia, other neurological disorders, and poor oral health.
- Out-dated blood level target for bone health (50nmol/l) eclipsed by abundant data showing optimized health requires 125-250nmol/l.
- The impact of this low-cost intervention is estimated to result in annual reductions in healthcare costs exceeding \$23 billion (~6-7% of total healthcare spending in Canada 2023, ~ \$344 billion).
- Patient-pay fees for diagnostic Vitamin D blood tests are an anomaly in Canada and an unacceptable barrier to the poor.

THEREFORE:

We, the undersigned **citizens and residents of Canada** call upon the **Government of Canada** to:

- Raise the Vitamin D blood level targets that are currently recommended in out-dated guidelines,
- Encourage provincial partners to remove disincentives for Vitamin D blood tests; and
- Promote Vitamin D sufficiency for all Canadians.

Signatures (Canadian citizens or residents only) (Please sign your name, do not print)	Addresses Any address format which establishes the signatory resides in Canada is acceptable (i.e., city, province, postal code)
<i>A. Bcdefgh</i>	Anytown, Province, H0H 0H0

(For additional signatures & addresses, see Pages 2+)

This Page 1 cover page template, and the Page 2 template for collecting multiple signatures in groups of 25, are available for downloading from: www.CCCA-VitD.org. Please collect as many signatures and addresses as possible. Then: 1A) deliver to your local MP office or B) mail (no postage required) to office of Colin Carrie, MP, House of Commons, Ottawa, K1A 0A6. 2) Please notify us at CCCA-VitD.org how many signatures collected, submitted to which MP, date, & by whom.